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The Phranang Peninsular

COAST TO COAST

In need of a stress-free holiday that will leave you feeling pampered like absolute royalty? After a relaxing visit to these luxurious beach destinations in Asia, this is one annual pilgrimage for the body and soul *By Audra Roslani & Mindy Teh*

KRABI, THAILAND

Railay Beach is famed among seasoned travellers to be one of the most beautiful beaches in the Phranang Peninsular. Located in Krabi, it's no wonder that this Land of the Princess will leave you pampered and rejuvenated like never before.

Indulge: Rayavadee

This heaven-on-earth is one of the best-kept secrets of well-heeled travellers from around the world and it isn't hard to see why Rayavadee makes for such a memorable and relaxing affair. From the moment you arrive at the airport you'll be well taken care of with fresh cold towels at almost every juncture and warm, friendly service that goes above and beyond your expectations. Once you arrive at your very private and luxurious accommodation, expect great attention to detail with your double story pavilions amidst lush greenery and wildlife, various restaurants with breathtaking beach views merely feet away while you sip a cup of coffee, a fantastic infinity pool located between picturesque ancient limestone cliffs coupled with Thai hospitality bar none. This is one place to pamper yourself silly and with three separate beaches and endless options for relaxation, you'll be planning your return to this magical destination the minute you arrive.

For more information, visit www.rayavadee.com



The breathtaking infinity pool surrounded by ancient limestone cliffs



Visit one of the many scenic islands



The Railalay Villa is chic and stunning



Learn how to cook popular Thai dishes such as Pad Thai



DRINKS: The Grotto

First things first, drinks are in order! Nothing screams decadence more than Happy Hour at The Grotto on Phranang Beach, as you watch high tide roll in with stunning landscapes and views of islands in the distance.

EAT: Khrua Phranang

They say seafood is an aphrodisiac so for a romantic evening, indulge in fine dining by the sea with the sound of waves crashing in and a choice of sea breeze or a private air-conditioned room overlooking the beach and limestone cliffs. Accompanied by fresh seafood, delicious curries, and soups, go for the kill with the must-try Jasmine Rice ice-cream, followed by a moonlit stroll on the beach after.

SAND: Island Hopping

The beauty of Thailand's islands have long been the backdrop to some of Hollywood's biggest films. So whether it's James Bond island (Phang Nga Bay) or The Beach (Koh Phi Phi Leh), enjoy the pristine azure water with a perfect picnic on the beach with a bottle of bubbly, a book and that special someone. For more information, visit www.tourismthailand.org / www.tourismthailand.my

SEA: Sangria Sunset

What's a beach holiday without a sexy sunset? Up the ante with ice-cold sangria and a selection of canapés while travelling to beautiful islands on a private speedboat, and have your personal guide show you the best spots for photos while explaining the history behind Poda and Yaman island.

CULTURE: The Art of Thai Cooking

There's nothing quite like learning the authentic methods of cooking your favourite Thai dishes like Pad Thai, Massamam Curry and Tod Mun Goong overlooking the breathtaking landscape of the beautiful Andaman waters. Using local ingredients from the country of origin gives a deeper appreciation and understanding of this cuisine, and you'll also be able to return home and conjure up pleasant memories of Krabi at any time through your new culinary skills!

RELAX: Rayavadee Spa

Knead every problem and stress away with ancient Thai healing traditions that will soothe the body, mind and spirit for the ultimate relaxation in luxurious, private surroundings situated at the base of a soaring limestone cliff fringed with jungle greenery. The spa at Rayavadee is thoughtfully planned and the interior pays homage to the resort's natural surroundings.



The Grotto



Koh Phi Phi Leh, made famous from the movie The Beach is a mere boat ride away

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