

THE RAYAVADEE SPA



The Rayavadee Spa's extensive range of therapies draw on ancient Thai healing traditions and a philosophy of well-being that combines body, mind and spirit to create treatments that impart a deeply felt sense of relaxation in luxurious, private surroundings. Situated at the base of a soaring limestone cliff fringed with jungle greenery, the spa's thoughtfully planned interior pays homage to the resort's natural surroundings.

Choose between revitalizing facials and scrubs, energizing body wraps, soothing massages and a variety of salon treatments or combine several offerings into a package individually-tailored to your needs.

At The Rayavadee Spa you can relax, unwind and indulge as we pamper you from head to toe.

The Rayavadee Spa offers seven treatment rooms as well as a beauty salon, spa boutique and relaxation area.

Spa Opening Hours: Daily from 10:00 – 22:00 hrs.

Salon Opening Hours: Daily from 10:00 – 20:00 hrs.

Enquire about our special packages and monthly promotions.

To make a reservation kindly contact
Reservations at reservation@rayavadee.com



RAYAVADEE
KRABI / THAILAND

THE RAYAVADEE SPA



A HAVEN FOR THE SENSES

In order to preserve the peace and tranquility of the spa environment and ensure the best possible experience for all our guests, we respectfully suggest the following guidelines for your visit:

- ◆ Advance bookings are highly recommended to ensure your preferred time and treatment is available.
- ◆ Arriving 15 minutes prior to your scheduled appointment will allow you time to fill in a consultation card and discuss any concerns you may have with our spa consultants.
- ◆ Guests are asked to refrain from using mobile phones within the spa.
- ◆ Smoking is not permitted in the spa.
- ◆ Valuables and jewellery are best kept in your pavilion's safety box.
- ◆ Pregnancy: Please inform us if you are pregnant so that our spa consultants can guide you in choosing treatments suitable for this special time.
- ◆ Health: Please inform us of any health conditions, allergies or injuries which may affect your treatment experience when you make your booking.
- ◆ Cancellation: Four hours notice is required should you need to cancel or reschedule your appointment.
- ◆ A 50% charge will apply for cancellations of less than four hours notice and a 100% charge will apply for cancellations with no notice.
- ◆ Children: To preserve the tranquility of the spa environment for all of our guests, children under the age of 7 years are not permitted in the spa.
- ◆ All treatments and services are subject to 10% service charge and 7% government tax and will be billed directly to your pavilion account.



RAYAVADEE
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SPA PACKAGES



OUR COMBINATION TREATMENTS WILL LEAVE YOU FEELING RELAXED, REJUVENATED AND REINVIGORATED FROM HEAD TO TOE.

ROMANTIC HOLIDAY

The perfect start to any romantic holiday. Begin with a relaxing sauna and floral bath experience. Afterwards, a calming Aromatic Massage relaxes your senses while a mini-facial leaves you looking and feeling fresh and reinvigorated.

FOOT BATH - SAUNA - FLORAL BATH - AROMATIC MASSAGE - MINI FACIAL - HERBAL TEA

2 HOURS 15 MINUTES

4,800++

HIM 'TOP TO TOE'

A spa experience just for 'him', this pampering package for men begins with a healing back treatment, combining a deep tissue oil massage with a cleansing and revitalizing back scrub. A soothing head massage relieves pent up tension while a male pedicure and foot massage leaves you looking good and feeling refreshed and confident.

FOOT BATH - BACK MASSAGE AND SCRUB - HEAD MASSAGE - MALE PEDICURE AND FOOT MASSAGE - HERBAL TEA

2 HOURS 15 MINUTES

5,900++

BODY SOOTHER

The ultimate relaxation course designed for people looking to escape from life's hectic pace, with a cleansing ritual to slough off dead skin cells and revitalize the skin, a dip in a warm floral bath and a soothing Aromatic Massage.

FOOT BATH - THAI HERBAL SCRUB - YOGURT RUB DOWN - FLORAL BATH - AROMATIC MASSAGE - HERBAL TEA

2 HOURS 30 MINUTES

6,200++

TOTALLY RAYAVADEE

A magnificent half-day spa experience with 'head to toe' pampering that consists of our distinctive Rayavadee Signature Massage, balancing foot massage, head massage, and a refreshing facial treatment.

FOOT BATH - RAYAVADEE SIGNATURE MASSAGE - FOOT MASSAGE - HEAD MASSAGE - SENSITIVE FACIAL - HERBAL TEA

4 HOURS 30 MINUTES

11,100++

All prices are in Thai baht subject to 10% service charge and 7% tax

SPA PACKAGES



SPECIAL EXTRAS

A WONDERFUL WAY TO COMPLIMENT YOUR SPA TREATMENT, RELAX WITH OUR LUXURIOUS FLORAL BATH ENRICHED WITH SOOTHING ESSENTIAL OILS OR DISCOVER THE HEALING BENEFITS OF SAUNA WITH A 30 MINUTE PRE-THERAPY SESSION.

FLORAL BATH

A luxurious mind calming and body soothing experience, soak away tensions and worries in a hot bath filled with tropical flowers and infused with the healing properties of an essential oil of your own choosing. Perfect for fully relaxing one's muscles before a massage treatment.

30 MINUTES

1,200++ PER BATH

SAUNA

Well known for its many health benefits, regular use of the sauna is believed to help increase circulation and blood flow, boost the body's immune system and relieve aching muscles and stiffness. The sauna also has a cleansing effect, leaving your skin with a fresh, glowing appearance. We recommend you enjoy your sauna session prior to other treatments.

30 MINUTES

500++ PER GUEST

MASSAGE



RAYAVADEE SIGNATURE MASSAGE

This massage is uniquely designed to improve muscle tone and impart a feeling of total relaxation by soothing away accumulated tension and stress through the application of warm aromatic oil with heated Thai herbal hot compresses to the body.

FOOT BATH - MUSCLE SOOTHING OIL MASSAGE WITH SIGNATURE HOT COMPRESS - HERBAL REFRESHMENT

75 MINUTES 3,700++

105 MINUTES 5,200++

ROYAL SIAM MASSAGE

A vigorous and firm massage designed to reinvigorate the senses, employing a blend of Thai and other Asian healing techniques. During the treatment, elbow pressure is used to untie knots on the tense areas while stimulating blended oil relieves tension and relaxes the body.

FOOT BATH - MEDIUM TO FIRM PRESSURE MUSCLE RELAXATION MASSAGE WITH BLENDED OIL - HERBAL REFRESHMENT

75 MINUTES 3,500++

105 MINUTES 5,000++

REVITALIZING MASSAGE

A deep tissue massage, using firm palm strokes and thumb pressure to relieve and heal muscular pains and joint problems. This rejuvenating treatment is recommended for active people or overused muscles.

FOOT BATH - DEEP PRESSURE MASSAGE WITH BLENDED OIL TO REDUCE MUSCLE STIFFNESS & SOOTHE THE MIND - HERBAL REFRESHMENT

75 MINUTES 3,500++

105 MINUTES 5,000++

RAYAVADEE HOT STONE MASSAGE

Rayavadee's Hot Stone Massage uses heated basalt and coloured chakra stones to relax the body and release muscular tension, improving blood circulation and oxygen flow while eliminating toxins in the body. Especially good for loosening up tight, sore muscles, this therapy re-energizes the body and promotes well-being.

FOOT BATH - MUSCLE SOOTHING OIL MASSAGE WITH BASALT STONES FOR RELAXTION - HERBAL REFRESHMENT

75 MINUTES 3,700++

105 MINUTES 5,200++

MEDIUM TO FIRM PRESSURE

All prices are in Thai baht subject to 10% service charge and 7% tax

MASSAGE



THAI BORAN MASSAGE

This is the classic Thai traditional massage. It works the body's deep tissues using firm strokes and thumb pressure as well as stretching techniques. By concentrating on the "Sen Sib" or 10 meridian lines of the body, this treatment restores flexibility and energy flow and alleviates pain in the muscles and joints.

FOOT BATH - TRADITIONAL MEDIUM TO FIRM THAI BODY MASSAGE WITH STRETCHING - HERBAL REFRESHMENT

75 MINUTES 3,500++

120 MINUTES 5,600++

DETOXIFYING MASSAGE

Eliminate toxins from your body with gentle oil massage that concentrates on the lymphatic system. By relieving congestion in the tissues and draining the fluid from the lymph nodes, this message treatment uses special blended oil to aide the natural cleansing process of the body and to promote an overall sense of well being.

FOOT BATH - LIGHT PRESSURE, DETOXIFYING MASSAGE WITH BLENDED OIL - EXTRA LIGHT ACUPRESSURE ON LYMPH NODES - HERBAL REFRESHMENT

75 MINUTES 3,500++

105 MINUTES 5,000++

AROMATIC MASSAGE

Ease away stress and tension with a choice of aromatherapy oils specially blended to achieve the effect you desire. This light pressure massage is designed to meet your individual needs and bring your body and mind into perfect equilibrium.

FOOT BATH - LIGHT TO MEDIUM PRESSURE, AROMATIC MIND CALMING MASSAGE WITH BLENDED OIL - HERBAL REFRESHMENT

75 MINUTES 3,500++

105 MINUTES 5,000++

COCONUT BLISS MASSAGE

Prepare your skin to get the maximum benefits from the sun while protecting it. With this treatment, a gentle coconut exfoliating body scrub sloughs away dull cells while a relaxing massage allows the pure virgin coconut oil to penetrate the skin deeply, leaving it moist and supple to prevent drying and peeling. Coconut oil also increases the speed of the tanning process, producing a deep, glowing and even tan that lasts.

FOOT BATH - EXFOLIATING SCRUB - RELAXING MASSAGE WITH COCONUT OIL - HERBAL REFRESHMENT

105 MINUTES

5,000++

All prices are in Thai baht subject to 10% service charge and 7% tax

MASSAGE



BACK, NECK & HEAD MASSAGE

Focusing on a common problem area, this massage reduces tension in the back, neck and head, inducing a sense of deep relaxation while improving circulation and easing away muscular aches and pains. This special massage restores the balance of energy flow throughout the body and soothes and relaxes the mind.

FOOT BATH - BACK TARGETING MEDIUM TO FIRM PRESSURE MASSAGE TO EASE MUSCLE STIFFNESS AND IMPROVE FLEXIBILITY - SCALP MASSAGE WITH HEAD MASSAGE OIL - HERBAL REFRESHMENT

60 MINUTES

3,000++

FOOT MASSAGE

Experience the art of reflexology which applies medium massage pressure to specific points on the feet which correspond with the body's vital organs. This technique corrects imbalances and promotes your body's natural self healing mechanisms by boosting the immune system.

FOOT BATH - NERVE REFLEX POINTS STIMULATION - RELAXING FOOT MASSAGE - HERBAL REFRESHMENT

60 MINUTES

3,000++

BODY SCRUBS & WRAPS



SOUTHERN THAI HERBAL SCRUB

This scrub offers the perfect way to naturally clean and eliminate dead cells that accumulate on the skin's surface. A special blend of fresh Thai herbs leave your skin feeling wonderfully soft and refreshed.

FOOT WASH - HERBAL BODY SCRUB - SKIN MOISTURIZING - SHOWER - HERBAL REFRESHMENT

60 MINUTES

3,000++

INTENSIVE MOISTURIZING SCRUB

Your skin needs to maintain a moisture balance to perform its important functions. This scrub, made from nourishing coconut cream, rice bran and mint, leaves dry skin looking more supple, smooth and soft and feeling refreshed.

FOOT WASH - SKIN MOISTURIZING & REVITALIZING SCRUB - SHOWER - HERBAL REFRESHMENT

60 MINUTES

3,400++

ENHANCING HERBAL BODY WRAP

Wrap your body in a mixture of natural Thai herbs to melt away fatigue while spices draw out impurities from the skin's outer layer.

FOOT BATH - THAI HERBAL WRAP - SKIN MOISTURIZING - SHOWER - HERBAL REFRESHMENT

60 MINUTES

3,400++

REHYDRATION BODY WRAP

Perfect for sun worshippers, this cool and soothing wrap uses aloe vera and cucumber to pamper skin that has had too much exposure to the sun.

FOOT BATH - RE-HYDRATING BODY WRAP - SKIN MOISTURIZING - SHOWER - HERBAL REFRESHMENT

60 MINUTES

3,400++

FACIALS



RAYAVADEE FACIAL

A special indulgence which uses beneficial Thai herbs and freshly blended natural ingredients to help rebalance the skin. This facial provides deep cleansing and exfoliation to remove dirt, make-up and dead cells from the skin's surface. It uses massage movements which also focus on the lymphatic system to relieve tissue congestion even as it stimulates blood circulation.

FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURIZING - HERBAL REFRESHMENT

60 MINUTES

3,100++

REPLENISHING FACIAL

This facial draws on the cooling and healing effects of aloe vera and cucumber to help restore a youthful glow and luminosity to your skin. This is a highly recommended treatment to eliminate signs of redness and sunburn leaving your skin soothed and soft to touch.

FOOT BATH - CLEANSE, TONE, MASSAGE AND MASK - SKIN MOISTURIZING - HERBAL REFRESHMENT

60 MINUTES

3,100++

SENSITIVE FACIAL

An effective treatment that is extra gentle especially for sensitive skin, this facial is also suitable for skin with inflammation, fragile capillaries or other problems caused by sensitivity. This delicate treatment will soothe your skin and give you a fresh radiant look.

FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURIZING - HERBAL REFRESHMENT

60 MINUTES

3,800++

FACIALS



MOISTURIZING FACIAL

Uses aromatic plants with low molecular weight for easy absorption by the skin. The affectivity of the moisturizing programme helps protect your skin from external ravages by limiting moisture loss from the epidermis, reviving skin cells and encouraging skin renewal. Suitable for all skin types.

FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURIZING - HERBAL REFRESHMENT

60 MINUTES

3,800++

ANTI-AGING FACIAL

This rich facial treatment will re-hydrate and boost skin cell rejuvenation. Using the benefits provided by herbs and aromatic oils, it stimulates cell growth and maintains moisture and suppleness. Its active ingredients work to smooth and firm the skin, leaving it looking and feeling younger. This treatment reduces fine lines and wrinkles and helps to fight the ill effects of stress on the skin.

FOOT BATH - CLEANSE, TONE, EXFOLIATING, MASSAGE AND MASK - SKIN MOISTURIZING - HERBAL REFRESHMENT

60 MINUTES

3,800++

DETOX FACIAL FOR MEN

This facial offers deep cleansing for male skin, removing toxins from the surface while making full use of healing ingredients to clear the complexion. Gentle massage movements help soothe irritation caused by sun or shaving, restoring a glowing, confident appearance to one's skin.

FOOT BATH - CLEANSE, TONE, EXFOLIATING SCRUB, MASSAGE AND MASK - SKIN MOISTURIZING - HERBAL REFRESHMENT

60 MINUTES

3,800++

THE RAYAVADEE SALON



The Rayavadee Salon is located in a private alcove of the spa and offers a range of pampering treatments and beauty services for your comfort and convenience.

The salon is open daily from 10:00-20:00.

Advance bookings are recommended.

HAIR CARE

Shampoo / blow dry	1,500++
Ladies' hair cut	2,200++
Men's hair cut	1,700++
Children's hair cut	1,200++
Wedding hair style	3,500++

NAIL CARE

French Manicure	1,700++
Manicure	1,400++
French Pedicure	1,700++
Pedicure	1,400++
Nail polish	700++

DEPILATORY WAXING

Bikini lines	1,300++
Half legs	1,900++
Full legs	2,500++
Under arms	850++

All prices are in Thai baht subject to 10% service charge and 7% tax