

# RAYAVADEE EXPERIENCES



## EXCURSION BROCHURE

Rayavadee's excursions go beyond ordinary tour offerings to create memorable, personalised experiences that put you in touch with the best the area has to offer. Whether you're looking to escape to a deserted beach at sunset with that special someone or spend the day with family and friends snorkeling over coral reefs and exploring the beauty of the surrounding islands on one of our luxurious speedboats, our sea excursions promise exhilarating adventure and romance.

Kayak through a pristine mangrove forest. Scale a rock wall with our private half and full day climbing instruction, hike a nature trail to a waterfall, learn to scuba dive from your own private dive boat or discover the art of Thai cooking with our single and multi-day classes.

Whatever your fancy, allow our attentive staff to help you choose a programme to perfectly suit your needs.

For more information on our excursion menu or to make a booking,  
kindly contact [reservation@rayavadee.com](mailto:reservation@rayavadee.com)

The Guest Activities Centre is open daily from 8:00-20:00 hrs.



**RAYAVADEE**  
KRABI / THAILAND

## SEA EXCURSIONS



Sheer limestone cliffs meet azure water. Quiet coves beckon where rainbow-coloured fish dart in schools amidst the coral. A perfect picnic on the beach awaits with a bottle of bubbly, a book and that special someone.

As a gentle breeze tousles your hair you relax, escape and dream.

Private speedboat excursions  
are available to a number of exciting destinations



RAYAVADEE  
KRABI / THAILAND

# SEA EXCURSIONS



## PHI PHI ISLAND DISCOVERY

Enchanting Phi Phi Island's dramatic cliffs, emerald green waters and white sand beaches make it all you would expect from a world-renowned island destination and more. Phi Phi is made up of two separate islands, Phi Phi Don and Phi Phi Leh. A nature lover's paradise, the islands' heady mix of lush green foliage, hidden caves and coral reefs teeming with fish offer unparalleled beauty in the Andaman.

Spend the day cruising the area in one of the resort's luxurious two-engine speedboats. Swim, snorkel and relax on beautiful Bamboo Island with a picnic. This is an exhilarating day out on the water and a not-to-be-missed experience for all.

**Private Experience for two**

26,000++ (2,000++ per additional guest)

Join-in trips

6,100++ per guest/minimum four guests required

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling equipment, picnic lunch, soft drinks, water & towels.

**Duration:** 6.5 hrs.

**Transport:** 2 engine speedboat cruiser

**What to bring?** Hat, sunglasses and sunscreen, swimsuit, sandals, a favourite book, camera and a sense of wonder and adventure. We'll take care of the rest!

\*Tides & weather can affect the order of the day's itinerary and choice of snorkeling sites. Our experienced guides will arrange the best possible programme for you to take advantage of the day's conditions.

All prices are in Thai Baht subject to 10% service charge and 7% tax

# SEA EXCURSIONS



## PHANG NGA BAY ADVENTURE

Phang Nga Bay's otherworldly seascape was formed over thousands of years by the shifting of plates deep in the earth. Today the bay's limestone cliffs and islands, weathered by the elements, appear to melt into strange shapes that invite you to dream of a time long ago when locals believe that mythical creatures inhabited the area alongside legendary pirates and princesses.

Cruise the bay in the comfort of one of Rayavadee's luxurious two-engine speedboats and explore a cave and mangrove forest by sea kayak. Pay an afternoon visit to stunning Hong Island, where you can swim, picnic and relax on the beach.

### Private Experience for two

29,000++ (2,000++ per additional guest)

### Join-in trips

7,200++ per guest/minimum four guests required

**Inclusions:** The services of an experienced guide, national park entrance fees, kayak rentals, picnic lunch, soft drinks, water & towels.

**Duration:** 6.5 hrs.

**Transport:** 2 engine speedboat cruiser

**What to bring?** Hat, sunglasses and sunscreen, swimsuit, sandals, a favourite book, camera and a sense of wonder and adventure. We'll take care of the rest!

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# SEA EXCURSIONS



## PODA & CHICKEN ISLAND SNORKELLING

Poda, Chicken, Tub and Si Islands are just a 15 minute speedboat trip away from Phranang Beach. Spend the morning or the afternoon exploring Poda Island's fine beaches, swim or snorkel amidst tropical fish and, when the tide is right, relax on a magical powder white sandbar. The perfect half-day experience!

This excursion can be arranged aboard a 1 engine or 2 engine speedboat.

### Private Half-Day Experience for two:

1 engine speedboat	10,000++(1,200B++ per additional guest)
2 engine speedboat	14,100++(1,200B++ per additional guest)
Join-in trips	3,700++ per guest/minimum four guests required

### Private Full-Day Experience for two:

1 engine speedboat	12,600++(2,000B++ per additional guest)
2 engine speedboat	16,800++(2,000B++ per additional guest)

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling equipment, fresh fruit (half-day) / picnic lunch (full-day), soft drinks, water & towels.

**Duration:** 3.5 hrs. (half-day) 6.5 hrs. (full-day)

**Transport:** Choice of 1 or 2 engine speedboat cruiser

**What to bring?** Hat, sunglasses and sunscreen, swimsuit, sandals, a favourite book, camera and a sense of wonder and adventure. We'll take care of the rest!

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## SEA EXCURSIONS



### BAMBOO ISLAND ESCAPE

Less well known than neighbouring Phi Phi Don and Phi Phi Leh, Bamboo Island boasts gorgeous scenery, crystal clear waters and white sand beaches and is an ideal destination for those looking to 'escape' for just a few hours. Swim, snorkel or just lie on the beach as you relax and leave the world behind. Perfect if you have already visited Phi Phi Island or prefer a half-day island experience.

#### Private Half-Day Experience for two:

1 engine speedboat	12,200++(1,200B++ per additional guest)
2 engine speedboat	17,000++(1,200B++ per additional guest)
Join-in trips	4,800++ per guest/minimum four guests required

#### Private Full-Day Experience for two:

1 engine speedboat	15,300++(2,000B++ per additional guest)
2 engine speedboat	21,000++(2,000B++ per additional guest)

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling equipment, fresh fruit (half-day) / picnic lunch (full-day), soft drinks, water & towels.

**Duration:** 3.5 hrs. (half-day) 6.5 hrs. (full-day)

**Transport:** Choice of 1 or 2 engine speedboat cruiser

**What to bring?** Hat, sunglasses and sunscreen, swimsuit, sandals, a favourite book, camera and a sense of wonder and adventure. We'll take care of the rest!

\*Tides & weather can affect the order of the day's itinerary and the choice of snorkeling sites. Our experienced guides will arrange the best possible programme for you to take advantage of the day's conditions.

# SEA EXCURSIONS



## HONG ISLAND

Located to the west of Rayavadee between the resort and beautiful Phang Nga Bay, Hong Island's dramatic beauty makes it a memorable destination and the perfect place to wile away the hours surrounded by soaring limestone cliffs, turquoise waters, sandy beaches and hidden coves.

At the centre of Hong Island is a large open cavern which can be entered and explored only when the tide is above a certain level. The result of thousands of years of erosion, this unique feature inspired the island's name as 'Hong' in Thai means 'room' or 'cavern'. Enjoy a picnic lunch, read, swim and explore the lagoon.

### Private Half-Day Experience for two:

1 engine speedboat	12,500++(1,200B++ per additional guest)
2 engine speedboat	17,800++(1,200B++ per additional guest)
Join-in trips	4,800++ per guest/minimum four guests required

### Private Full-Day Experience for two:

1 engine speedboat	15,500++(2,000B++ per additional guest)
2 engine speedboat	20,600++(2,000B++ per additional guest)

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling equipment, fresh fruit (half-day) / picnic lunch (full-day), soft drinks, water & towels.

**Duration:** 3.5 hrs. (half-day) 6.5 hrs. (full-day)

**Transport:** Choice of 1 or 2 engine speedboat cruiser

**What to bring?** Hat, sunglasses and sunscreen, swimsuit, sandals, a favourite book, camera and a sense of wonder and adventure. We'll take care of the rest!

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## SEA EXCURSIONS



### SANGRIA SUNSET

Enjoy a private, late afternoon speedboat trip to the area's outlying islands. Swim and snorkel on a blissfully quiet beach on Poda Island or walk across a sandbar when the tide is right as your guide prepares the perfect spot for you to watch the sunset with a pitcher of ice-cold sangria and a delicious selection of canapés. A truly romantic and memorable excursion.

#### Private Experience for two:

1 engine speedboat	11,600++(2,000B++ per additional guest)
2 engine speedboat	16,200++(2,000B++ per additional guest)
Join-in trips	4,400++ per guest/minimum two guests required

**Inclusions:** The services of an experienced guide, national park entrance fees, canapés, a jug of sangria, soft drinks, water & towels.

**Duration:** 2.5 hrs.

**Transport:** 1 or 2 engine speedboat

**What to bring?** Camera, sunglasses, swimsuit and sandals.

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Tides & weather can affect the programme's routing. Our experienced guides and boat crew will arrange the best possible itinerary to take advantage of the day's conditions..



# SEA EXCURSIONS



## TA LANE NATURE RESERVE

The breathtaking scenery of Ta Lan Nature Reserve with its steep cliffs, canyons and lagoons is a nature lover's paradise. Explore this unique area's mangroves and rich bird and animal life by sea kayak and experience the beauty of one of Thailand's most unique landscapes.

Your guide will instruct you on how to use a canoe before leading you on your adventure. Paddle and glide your way through the green waterways of the mangrove forest surrounded by dramatically carved cliff walls. The trip to Ta Lan takes 30 minutes by speedboat.

### Private Experience for two:

1 engine speedboat	13,500++(2,000B++ per additional guest)
2 engine speedboat	19,000++(2,000B++ per additional guest)
Join-in trips	4,750++ per guest/minimum four guests required

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling and kayaking equipment, dry bag, fresh fruit, soft drinks, water & towels.

**Duration:** 4 hrs.

**Transport:** 1 or 2 engine speedboat

**What to bring?** Camera, sunglasses and sandals.

Tides & weather can affect the programme's routing. Our experienced guides and boat crew will arrange the best possible itinerary to take advantage of the day's conditions.

# SEA EXCURSIONS



## TA LANE & HONG ISLAND

Our Ta Lane & Hong Island trip is a fantastic full-day experience offering the perfect balance of soft adventure and relaxation with a kayak trip through breathtaking Ta Lane Reserve and the chance to swim and relax on the beach at Hong Island.

Ta Lane with its steep cliffs, canyons and lagoons is a nature lover's paradise. Explore this unique area with its lush mangroves and rich bird and animal life by sea canoe and experience the beauty of one southern Thailand's most unique landscapes.

Hong Island's soaring limestone cliffs topped with green vegetation, turquoise waters, sandy beaches and hidden coves make it a memorable destination and the perfect place to wile away the hours.

### Private Experience for two:

1 engine speedboat	18,500++(maximum 2 guests)
2 engine speedboat	21,500++(2,000B++ per additional guest)
Join-in trips	6,100++ per guest/minimum four guests required

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling and kayaking equipment, dry bag, fresh fruit, picnic lunch, soft drinks, water & towels.

**Duration:** 6.5 hrs.

**Transport:** 1 or 2 engine speedboat

**What to bring?** Camera, sunglasses, swimsuit and sandals.

Tides & weather can affect the programme's routing. Our experienced guides and boat crew will arrange the best possible itinerary to take advantage of the day's conditions.

# SEA EXCURSIONS



## ROK ISLANDS – SNORKELLING PARADISE

Take a trip to the twin limestone islands with pristine beaches, tropical rain forests and fabulous untouched coral reefs, where only the Park Ranger takes care of the diverse nature. The uninhabited islands have some of the most stunning beaches in Thailand with white powder sand and crystal clear waters, rich with fabulous colourful marine life. Rok Islands, Outer and Inner, sit beside each other, with only 100 metres between them. On land a jungle of ancient Banyan trees houses fantastic nature watching opportunities for big monitor lizards and troops of shell crabs.

Cruise around the islands in the resort's luxurious two-engine speedboat. Swim, snorkel and relax on tranquil Rok Islands with a picnic lunch.

If you have never been to a deserted tropical island, this is your chance. An experience not to be missed!!

**Private Experience for two**

39,000++ (1,500++ per additional guest)

**Inclusions:** The services of an experienced guide, national park entrance fees, snorkelling equipment, picnic lunch, soft drinks, water & towels.

**Duration:** 7.5 hrs: **Transport:** 2 engine speedboat cruiser

**What to bring?** Hat, sunglasses, sunscreen, sandals, a favourite book, camera and sense of wonder and adventure. We'll take care of the rest!

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All prices are in Thai Baht subject to 10% service charge and 7% tax

# SEA TRANSFERS



## RAYAVADEE SEA TRANSFERS

Our fleet of luxurious transfer boats and speedboats are manned by a professional crew and attentive staff to ensure you arrive and depart from Rayavadee in comfort and style. Transfers can be arranged to resorts on Phi Phi Island, Koh Yao Noi and to a number of locations on Phuket. Custom-tailored sightseeing and snorkelling excursions can be included to turn your transfer into a memorable travel adventure.

Kindly see the list below for some of our most popular transfer routes and itineraries.

Rayavadee - Phuket (Boat Transfer to Boat Lagoon or Yacht Haven)	32,500++
Rayavadee - Phuket (Direct to west coast resort)	40,900++
Rayavadee - Phuket (Direct to east coast resort)	36,500++
Rayavadee - Phi Phi Island (Direct transfer)	21,000++
Rayavadee - Phi Phi Island (Transfer & Tour)	27,300++
<b>Rayavadee - Phi Phi Island - Phuket</b>	
(Tour & Transfer to Boat Lagoon or Yacht Haven)	41,000++
(Tour & Transfer direct to west coast resort)	44,500++
(Tour & Transfer direct to east coast resort)	40,000++
<b>Rayavadee - Phang Nga Bay - Phuket</b>	
(Tour & Transfer to Boat Lagoon or Yacht Haven)	39,900++
(Tour & Transfer direct to west coast resort)	40,500++
(Tour & Transfer direct to east coast resort)	36,500++
Rayavadee - Koh Yao Noi (Direct transfer)	15,900++
Rayavadee - Koh Yao Noi (Hong Island Tour & Transfer)	18,000++
Rayavadee - Koh Lanta (Direct transfer)	40,900++
Rayavadee - Krabi Pier (One way transfer)	6,000++
Rayavadee - Mainland Pier (One way transfer)	3,000++

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## LAND EXCURSIONS



Visit an emerald-coloured pool, a hot spring or Krabi Town's lively morning market. Climb over 1,000 steps to the summit of Tiger Cave Temple to take in fantastic views over the plains below or kayak through a mysterious mangrove forest.

These and other delightful adventures await when you join our fascinating land excursions, the perfect way to experience the best the area has to offer.



**RAYAVADEE**  
KRABI / THAILAND

## LAND EXCURSIONS



### KLONG THOM EMERALD POOL & HOTSPRING

Krabi's Klong Thom District takes its name from the picturesque stream which flows through the area's lowland wildlife forest. Famous for the healing water of its natural hot springs and its emerald-coloured pool surrounded by lush forest paths, Klong Thom is a lovely place to explore for those who enjoy communing with nature.

After a short boat trip from the resort to the pier, you'll drive about 40 minutes to Klong Thom District where you can enjoy its beautiful natural scenery. Afterwards wind up the trip with a delicious Thai lunch at a local restaurant.

**Private Experience for two**

11,500++ (2,000++ per additional guest)

Join-in trips

4,000++ per guest/minimum four guests required

**Inclusions:** Car and boat transport, the services of an experienced guide, national park entrance fees, lunch at a local restaurant, soft drinks, water and towels.

**Duration:** 5 hrs.

**Transport:** Transfer by shared boat and van

**What to bring?** Camera, sunglasses, swimsuit and sandals.

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Kindly note that the programme's order is subject to change. Our experienced guides will arrange the best possible itinerary to take advantage of the day's conditions.

All prices are in Thai Baht subject to 10% service charge and 7% tax

# LAND EXCURSIONS



## TA LANE KAYAK ADVENTURE

Accessible by land or sea, Ta Lane Nature Reserve's breathtaking scenery with its steep cliffs, canyons and lagoons is a nature lover's paradise. Explore this unique area's lush mangroves and rich bird and animal life by sea kayak and experience the beauty of one southern Thailand's most unique landscapes.

After a short boat trip from the resort to the local pier, you'll travel by road through Krabi's picturesque scenery to beautiful Ta Lane. Paddle and glide your way through green waterways surrounded by dramatically carved cliff walls. Finish the trip with a delicious local Thai lunch.

**Private Experience for two**

12,800++ (2,000++ per additional guest)

Join-in trips

3,800++ per guest/minimum four guests required

**Inclusions:** Car and boat transport, the services of an experienced guide, kayak rentals, national park entrance fees, lunch at a local restaurant, soft drinks, water and towels.

**Duration:** 5 hrs.

**Transport:** Transfer by shared boat and van

**What to bring?** Camera, sunglasses, swimsuit and sturdy walking shoes.

Tides & weather can affect the programme. Our experienced guides will arrange the best possible itinerary to take advantage of the day's conditions.

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## LAND EXCURSIONS



### HANG NAK NATURE HIKE

Had Noppharat Thara - Mu Ko Phi Phi National Park runs adjacent to Krabi's scenic Andaman Coast. A hike up the mountainside to the park's highest peak called 'Hang Nak' is strenuous but rewarding, offering stunning views over Hong Island towards Phang Nga Bay and Ta Lane Nature Reserve's winding mangrove forest far below.

The hike (7 kilometres) takes approximately 4 hours up and back depending on your fitness level and the pace you set. This is a fantastic adventure for those looking for a physical challenge surrounded by breathtaking natural beauty.

**Private Experience for two**

8,500++ (2,000++ per additional guest)

**Inclusions:** Car and boat transfer, the services of an experienced guide, national park entrance fees, sandwiches, soft drinks & water.

**Duration:** 6 hrs.

**Transport:** Transfer by shared boat and van

**What to bring?** Camera, sunglasses, comfortable clothing & sturdy walking shoes.

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Weather can affect the programme. Our experienced guides will arrange the best possible itinerary to take advantage of the day's conditions.

All prices are in Thai Baht subject to 10% service charge and 7% tax



## LAND EXCURSIONS



### PHUKET SHOPPING & OLD TOWN TRIP

Often referred to as 'The Pearl of The Andaman', Phuket is Thailand's largest island, situated off the country's southwest coast in the Andaman Sea. Phuket formerly derived its wealth from the rubber and tin mining industries with many Chinese immigrants moving and settling in the area.

Phuket's Old Town is a showcase of traditional architecture from this period with rows of Sino-Portuguese style shophouses, many converted into restaurants and trendy shops, and a number of Chinese temples.

Located just 2 hours by road from Krabi, a visit to Phuket can be made as a day trip with the chance to drive along the island's scenic coastline, shop in the busy Patong area and pay a visit to Phuket's historic old town where you can explore its streets and picturesque back alleyways.

#### Private Experience for two:

Transfer boat and van

14,300++(2,000B++ per additional guest)

2 engine speedboat and van

39,000++(2,000B++ per additional guest)

Inclusions: Boat transfers to and from the resort, van and driver, the services of an experienced guide, soft drinks fresh fruit, sandwiches & water.

Duration: 9 hrs.

Transport: Transfer by shared boat and van or 2 engine speedboat and van

What to bring? Camera, sunglasses, comfortable shoes & clothing.

Weather can affect the programme. Our experienced guides will arrange the best possible itinerary to take advantage of the day's conditions.

## LAND EXCURSIONS



### ELEPHANT HOUSE SANCTUARY

Offers the chance to walk beside elephants in the forest, mud spa, elephant bathing and feeding them. Sometimes you can learn how to cook the herbal medicine for elephants. Visitor can observe the elephants from a distance for most of the time. This place offers the elephants a complete sanctuary and allows them to live in their natural habitat. They do not ride them, no activity show, no tricks or painting, they are a genuine elephant welfare center in Krabi.

**Price:**

Adult	2,700++ per person
Child	1,800++ per person

A minimum of 4 guests is required to arrange the trip

Lunch is not included

Please note that above prices include car and boat transfers but are only applicable when joining this excursion at set times and dates listed in the weekly resort schedule.

Private boat transfer fees are applicable on all other days  
3,000++ per boat per way to Nam Mao Mainland Pier  
6,000++ per boat per way to Nong Nuch Pier

Private van transfer fees are applicable on all other days  
3,000++ a private van to go and back from elephant's house Sanctuary

Inclusions: Boat & car transfer to elephant's house Sanctuary., drinking water, towels.

Duration: Approximately 4 – 4.5 hrs. (including transfer time)

Transport: transfer shared boat and van

What to bring? Camera, sunglasses, Sunscreen, comfortable shoes & clothing (swimwear, sandals/flip-flops)

\*Please note as you will be bathing the elephants in muddy water, please wear clothing that you don't mind to get spoiled.

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## LAND EXCURSIONS



### ELEPHANT CARE & WATER RAFTING

The day starts with a scenic drive through Krabi and Phang Nga Provinces and onto the Ton Pariwat Wildlife Sanctuary, for the start of your up close, personal and exclusive time with the gentle giant, the “elephant.” This elephant camp provides an enjoyable cruel free experience that is harmless to the elephant. They rescued them from logging and treat the elephants with heart and spirit, so that they can live in harmony with the natural environment.

Learn how to cook a traditional meal for an elephant, which contains nutritional ingredients that fit them the most.

After lunch, is the Water rafting which gives you the most exciting and thrilling experience, in the safest way. Needless to say, you are sure to get wet!!!

#### **Private Experience for two**

15,000++ (3,500++ per additional guest)

Join-in trips

5,200++ per guest/minimum four guests required

Inclusions: Car and shared speedboat transport, the services of an experienced guide, lunch at a local restaurant, soft drinks, water and towels.

Duration: 8.0 hrs.

Transport: Transfer shared speedboat and van

What to bring? Camera, sunglasses hat and comfortable shoes & clothing (Swimwear, Sandals / flip - flops).

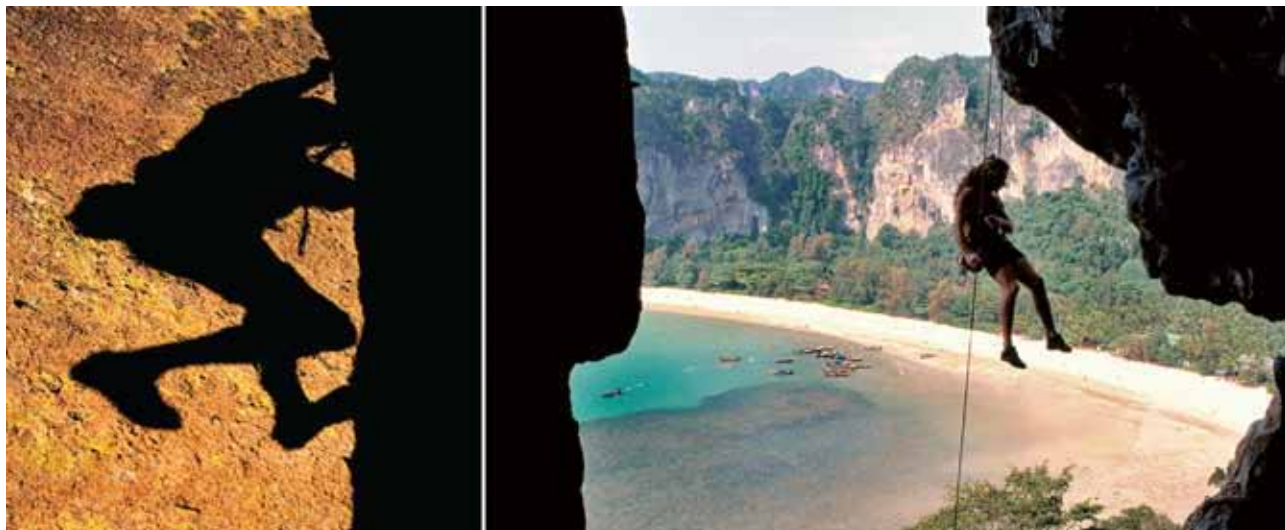
\*Please note as you will be bathing the elephants in muddy water, please wear clothing that you don't mind to get spoiled.

Weather can affect the programme. Our experienced guides will arrange the best possible itinerary to take advantage of the day's conditions.

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# RAYAVADEE EXPERIENCES



## ROCK CLIMBING REACH FOR NEW HEIGHTS....

Krabi's limestone cliffs are a rock climber's heaven drawing enthusiasts from around the world looking for a challenge. Whatever your age or level, the overhangs, stalactites and craggy surfaces of the area's rock face offer a unique test of mind and body. The views from the top are reward enough to make a half or full day climb an unforgettable experience, not to mention the sense of accomplishment you'll feel once your feet are back down on the ground.



RAYAVADEE  
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# ROCK CLIMBING



## ROCK CLIMBING IN THE RAILAY BAY AREA

Rayavadee sits at the centre of the world-famous rock climbing destination of Railay Bay on the Phranang Peninsula in beautiful Krabi province. The area's stunning scenery and craggy limestone cliff formations draw both first-time climbers and passionate enthusiasts to Krabi's shores each year.

### PROGRAMME

#### Half Day Private Course

Enjoy the personalised attention of having your own guide and the flexibility of setting your own departure time. Ideal for beginners, this 4 hour course teaches you the basic techniques needed to safely climb beginner routes and introduces you to knots and how to belay with a top rope. This half day course is also suitable for those with prior climbing experience.

3,450++ for 1 person

4,850++ for 2 persons

#### Full Day Private Course

This course offers individuals the chance to enjoy a full day of top rope climbing with routes to challenge all levels, providing a more complete introduction to the sport. In addition to twice the amount of climbing time, you'll be able to practice in two different locations on both beginner and more advanced routes.

5,200++ for 1 person

7,200++ for 2 persons

All prices include equipment, an experienced climbing instructor, drinking water and insurance.

\*Disclaimer: Kindly note that these rock climbing courses are not run or operated by Rayavadee but by an outside climbing operator.

All prices are in Thai Baht subject to 10% service charge and 7% tax

# RAYAVADEE EXPERIENCES



## THE ART OF THAI COOKING EMBARK ON A CULINARY JOURNEY....

EXPLORE the unique flavours of Thai cuisine with Rayavadee's cookery classes and gain insight into Thailand's fascinating culture. Each class begins with an introduction to Thai herbs and spices, the importance of balancing flavours and cultural tips on eating Thai style.

Private and Join In Cooking Classes Available



RAYAVADEE  
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# THE ART OF THAI COOKING



DISCOVER just how easy it is to cook authentic Thai dishes with our hands-on approach to learning. Menus are designed to introduce you to a range of dishes from delicious snacks and tangy salads to spicy curries, noodles, stir-fries and fragrant soups.

SAVOUR a delectable Thai lunch of your own making! A wonderful way to meet others, Rayavadee's cooking classes are open to a maximum of 8 persons per session, ensuring a lively and convivial atmosphere while at the same time providing individual attention throughout. (Private cooking class arrangements are also available).

ENJOY the relaxed and informal setting of our classes held in an outdoor setting. Whether you'd like to try only one class or several, our Rayavadee Thai cooking class experience is sure to be a highlight of your stay.

Cooking classes are held every Monday, Wednesday & Saturday  
from 11:30-14:00 at Krua Phranang.

For more information to make a reservation, please contact  
[reservation@rayavadee.com](mailto:reservation@rayavadee.com)

# THE ART OF THAI COOKING



## THAI INGREDIENTS

Thai cooking uses a wide range of exotic herbs and aromatic spices which boast healing properties that make Thai food not only delicious to eat but good for you as well. Did you know for example that chillies are rich in vitamin C and anti-oxidants and are thought to aid digestion while the creamy-yellow stalks of lemongrass relieve stress and tension and are also effective in fighting the common cold? Kaffir lime and its dark-green leaves add zest to a number of popular curries and are also used in traditional shampoos and in cleansing skin ointments while galangal, a rhizome used in soups and curries is added to drinks to soothe sore throats and cure stomach aches.

Learn more about these and other Thai ingredients with Rayavadee's informative, hands-on cooking classes.



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# THE ART OF THAI COOKING



## MENUS

### MONDAY

Poh Piah Thod - Minced Prawn & Vegetable Spring Rolls  
with rice paper

Tom Yum Goong - Hot and Sour Lemongrass Soup with Prawns

Gaeng Phet Ped Yang - Roasted Duck in Red Curry

### WEDNESDAY

Yam Neua - Beef Salad with Herbs

Tom Kha Gai - Chicken Soup with Thai Herbs & Coconut Milk

Gaeng Khicow Wan Gai - Chicken in Green Curry

### SATURDAY

Tod Mun Goong - Prawn Cakes

Phad Thai - Stir-fried Thai-style Rice Noodles

Massaman Gai - Southern Thai Chicken Curry

### Join-in Classes

3,500++ per person with individual cooking station  
Includes a multi-course Thai lunch,  
Rayavadee apron & recipe kit and certificate.  
(A minimum of 2 persons is required)

1,500++ to kids and share a cooking station.  
Children 7-12 years old are welcome to join  
their parent at the same station.  
Maximum two persons per station.

### Private Classes

Design a 3 course menu of your own  
choosing and enjoy private instruction.

4,800++ Individual  
4,500++ per person for 2 or more persons

1,000++ per additional menu request

# FRUIT CARVING & GARLAND WEAVING



## FRUIT & VEGETABLE CARVING

Acquire the delicate art of fruit carving, traditionally practiced only by the women of the Royal Court of Siam. Learn how to decorate your dinner table with your own intricate hand-made sculptures of flowers, birds and animals all made from fresh fruits and vegetables. This is a skill that is lots of fun to learn and you can even eat your creations!

**Price:**

1,250++ per person per hour

## FLOWER GARLAND WEAVING

Another skill practiced by noble Siamese ladies, flower garland weaving is a lovely Thai tradition. Given to welcome or bid farewell to friends as well as to decorate shrines and temples, the intricate garlands known as 'phung malai' are made from sweet smelling jasmine and other flowers. Learning how to make these garlands will introduce you to an enchanting part of Thai culture.

**Price:**

1,500++ per person per hour